



# TDMS Safeschool

Welcome to TDMS Safeschool, a newsletter to provide parents with an overview on Safeguarding provision at TDMS and how to get further advice or support.

## Who is on the Safeguarding team?

Designated Safeguarding Lead: Fiona Lovecy, Deputy Head  
Deputy Safeguarding Leads: Sara Wells and Sarah Green.

## Who else can help?

Please talk to your child's tutor or Head of Learning. They will be able to help or seek further advice for you. Phone 01386 442060.

## The De Montfort School Early Help Provision

In any situation it is better to get support quicker rather than later! We can provide a huge range of support e.g. referrals to the food bank, uniform support, mental health support etc. To find out more, look on the school website— for our Early Help offer use the Safeguarding link on the front page. Please take a look!

### Autumn 2019 Current Programmes and Campaigns at TDMS:

- ◆ **Blues Programme, Yr 11— to bust 'the blues' and prevent low mood**
- ◆ **Selfie Project, Yr 8+ - to promote safe relationships and support decision making**
- ◆ **Reach4Wellbeing, all students - reduce anxiety and support self-help**

**Autumn Campaigns coming up- Anti-bullying week, Promotion of healthy lifestyles, Protective Behaviours—where to get help, Tolerance of others, Mental Health and Body Image.**

## Get Safe

**Get Safe** was launched by West Mercia Police last term. Get Safe looks out for children at risk of criminal exploitation. Some children in our region are being used by people, usually older, for criminal activity such as carrying or selling drugs and committing crimes. Advice is available out on what to look out for and how to get advice or help if you are worried. You can also contact school for more advice. It is important to work together to reduce the risk to our vulnerable young people.

### Wider Support Network

**At TDMS there is easy access to other support.**

**Mondays: School nurse: Caroline Clifford**

- For appointments a referral is needed. Contact tutors for a form or students can pick a form up from the office
- For older students there is a drop in service

### Other NHS support:

CHAT HEALTH—free confidential texting for 11-19y year olds between 9am—4pm Monday to Friday.

**07507 331750**

KOOTH.COM—free online counselling until 10pm

PCSO— **Andrea Beech**

If students need help and advice we can call on Andrea. She will also be around and about at school during the week.

### Family Support—Cecilia Souza or Early Help

Need some help or advice? Not coping? We can refer you on to Family support. For families with children up to the age of 13 we have Early Intervention Family Support. For families with older children we can use Early Help.

We will also notify you of parenting programmes (PPP) held regularly in Evesham. These are very helpful. A chance to talk to other parents and face some of the challenges of caring for youngsters. Coming soon: 'Talking Teens Group'



We are proud to be part of Operation Encompass. This is a scheme running across West Mercia which advises schools of incidents of Domestic Abuse. The aim is to contact schools on the morning following an incident when the Police have attended. It enables us to be aware, monitor and when needed support our students. Please contact us if we can help families in any way.